



**Annual Awareness Programme
On Code Of Conduct**

2015-2020

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH	
	SRI DEVARAJ URS MEDICAL COLLEGE Tamaka, Kolar MEDICAL EDUCATION UNIT	

No: DMC/ KLR/ MEU/ 19 / 2020-21

Date: 01-06-2020


PROCEEDINGS OF MICROTEACHING WORKSHOP FOR PGs (2019-20 BATCH)
ON 27th May 2020


Microteaching workshop was conducted for PGs - MD/MS (2019-20 batch) of all the departments on 27-05-2020. 64-Post graduates attended the workshop. Dr. Vinutha Shankar M S welcomed MEU members and all the participants. She briefed about the importance of microteaching and stressed the use of specific learning objectives for teaching learning activities. She discussed the key teaching skills that can be learned by Micro teaching session using group activity and stressed the importance of structured student feedback.

Dr. T.N Suresh briefed about various teaching learning methods and also their advantages and disadvantages. He highlighted the importance of buzz session, group activity and flip class room for large group teaching through his interactive discussion. This was followed by session on Teaching Learning Media by Dr. Geetha S. She stressed on merits and demerits of oral communication, advantages and limitations of different T/L media. She highlighted the pros and cons of power point presentation/ blackboard teaching. Dr Swaroop Raj introduced the concept of using e-learning tools using tool such as mentimeter, kahoot, google forms, slides and pear deck in converting a didactic lecture to an interactive session during large group teaching. He also briefed on the online activities currently practiced in the university, which included our moodle based LMS platform and live lectures to students using Zoom Meeting which can be used for synchronous and asynchronous learning.

The participants were divided into 8-groups; each group had 8 to 9 PGs, 1 to 2 UGs and 1 to 3 UDOME faculty. The post graduates presented the topics for 8 minutes and feedback was given to them by UG students, other PGs (peers) and UDOME faculty.

This was followed by lunch. Post lunch session was debriefing by facilitators regarding the feedback on the presentation by post graduates which would benefit all the post graduates. This was followed by reteach session where the post graduates went back into their groups and represented the lesson plan for one presentation.


 Registrar
 Sri Devaraj Urs Academy of Higher
 Education and Research
 Tamaka, Kolar - 563 103.


 Convener / Member
 Medical Education Unit
 SDUMC, Kolar.



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SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar

University Department of Medical Education



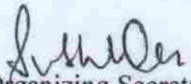
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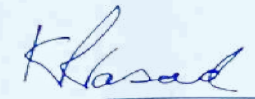
DATE: 29-08-2019


Circular

The "Orientation Course for II MBBS students (2018-19 batch)" organized by the University Department of Medical Education has been rescheduled on Wednesday 04th September 2019 between 8.30 AM to 1.30 PM in the AV Hall, 1st Floor Adjacent to Physiology Department, SDUMC, Kolar.

Heads of departments should ensure that all II MBBS (2018-19 batch) students attend the course. Schedule of the programme is enclosed.


Organizing Secretary
UDOME


Registrar
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Tamaka, Kolar - 563 103.


Director
UDOME, SDUAHER

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1. PA to Vice- Chancellor, SDUAHER
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3. The Principal, SDUMC
4. The Director Academics, SDUAHER
5. The Director, PG studies, SDUMC
6. The Medical Superintendent, RLJH
7. The Controller of Examinations, SDUAHER
8. The Co-ordinator, IQAC, SDUAHER
9. Dr. K.C Prasad. Prof of ENT and Chairman, Website update committee, SDUMC
10. The HoDs of all departments with a request to relieve the concerned teachers who are participating and also II MBBS (2018-19 batch) students to enable them to attend the same
11. UDOME members & Resource persons
12. The Warden, Boys/ Girls Hostels for display in the Notice boards
13. Mr. Prakash, Senior Librarian & I/c of Auditoria for information to arrange AV hall operator for this programme.
14. Mr. K.N. Srinivasa Murthy, Photographer to cover this academic activity
15. O/c

UNIVERSITY DEPARTMENT OF MEDICAL EDUCATION
SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH
TAMAKA, KOLAR- 563101.

Orientation course for II MBBS students (2018-19 Batch)
on 04th Sept - 2019


OBJECTIVES:

At the end of the session participants should be able to:

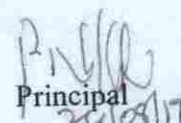
- Take history from the patient in a systematic way
- Examine the patient
- Practice soft skills- (Professionalism, communication skills, ethics)
- Analyze the rationality of investigations

PROGRAMME

TIME	TOPICS	RESOURCE PERSON
8.30 - 9.15 AM	Registration	
9.15 - 9.45 AM	Introduction to II MBBS course	Dr. Sreeramulu.P.N Principal & Dean, SDUAHER
9.45 - 10.25 AM	Art and science of history taking	Dr. Raveesha. A Prof. & HoD of Medicine
10.25 - 11.05 AM	Art and science of general physical examination	Dr. Niveditha Asst. Professor of Medicine
11.05 - 11.20 AM	TEA BREAK	
11.20 - 12.00 PM	Communication and behavioral skills	Dr. Prakash Dave Associate Professor of Surgery
12.00 - 12.40 PM	Elements of Medical Ethics	Dr. Sandhya. R Prof. of Ophthalmology Dr. Kalyani. R Prof. & HoD of Pathology
12.40 - 1.20 PM	Guidelines to Laboratory investigations	Dr. Swaroop Raj Associate Prof. of Pathology
1.20 - 1.30 PM	Feedback	Dr. Subhashish Das Prof. of Pathology





Registrar
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Tamaka, Kolar - 563 103.


Principal
29/09/17

Principal
Sri Devaraj Urs Medical College
Tamaka, Kolar - 56. 101.

No. SDAHER/KLR/UDOME/82/2019-20

 SDUAHER	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH SRI DEVARAJ URS MEDICAL COLLEGE Tamaka, Kolar University Department of Medical Education	 ESTD 1986
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Date: 16-09-2019

PROCEEDINGS OF ORIENTATION COURSE FOR II MBBS STUDENTS
(2018-19 BATCH) ON 04-09-2019

Orientation course for II MBBS students (2018-19 batch) was conducted on 04-09-2019. Dr. P.N.Sreeramulu, Principal & Dean, SDUAHER welcomed and congratulated the students. He advised the student to be sincere, dedicated and focused towards the learning objective. He also advised them to maintain discipline while going to classes and hostels. He also highlighted the "importance self-directed learning and evidence based medicine". Dr.V.Lakshmaiah, Medical Superintendent, RLJH & RC, spoke of the importance of soft skill, communication techniques and better bedside practices.

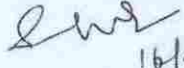
Dr. Raveesha. A, Prof. & HoD of Medicine, SDUMC, spoke on "Art and Science of history taking". He emphasized on the need to have a good rapport with the patient more so in local language, how communication skill is a most essential element and the importance of taking a detailed history during clinical examination in arriving at the diagnosis. Dr. Nividetha, Assistant Professor of Medicine, highlighted the importance of Art and science of general physical examination and to correlate with the clinical history.


Dr. Prakash Dave, Associate Professor of Surgery, spoke about the importance of communication skills and behavioral skills. He highlighted the importance "Empathy" with patient and the patient relatives. Dr. Sandhya. R, Professor of Ophthalmology and Dr. Kalyani.R, Prof. & HoD of Pathology highlighted the importance of Elements of Medical Education and the relevance of the same in modern practice. Dr. Swaroop Raj.B.V, Associate Professor of Pathology highlighted the importance of Guidelines to laboratory investigations.

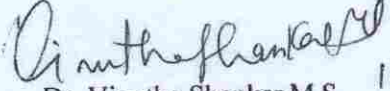
Feedback was taken from the students by Dr. Subhashis Das, Professor of Pathology & Programme Co-ordinator and the session concluded with a vote of thanks.

Programme Co-ordinator:

1. Dr. Subhashish Das., Professor of Pathology, SDUMC


16/9/19


Registrar
Sri Devaraj Urs Academy of Higher
Education and Research
Tamaka, Kolar - 563 103.


Dr. Vinutha Shankar M S 16/9/19

Director
University Dept of Medical Education
SDUAHER, Kolar 563101



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SRI DEVARAJ URS MEDICAL COLLEGE
Tamaka, Kolar

MEDICAL EDUCATION UNIT



PGs reflected that microteaching practice was conducted in conducive environment, well planned and appreciated the small group discussion. Feedback by students, peers and faculty helped them to identify areas of improvement.

Feedback was taken from the participants at the end of the session.

Programme Co-ordinator:

1. Dr. Swaroop Raj B V Associate Professor of Pathology, SDUMC

Resource Persons: Dr. Vinutha Shankar M S, Dr. Sarala N, Dr. T N Suresh, Dr. Prasanna Kamath B T, Dr. Mohan Reddy M, Dr. Sudha Reddy V R, Dr. Geetha S, Dr. Divya C, Dr. Anantha Bhattacharyya, Dr. Subhashis Das, Dr. Asha B, Dr. Shashidhar K and Dr. Swaroop Raj B V.

Registrar
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Education and Research
Tamaka, Kolar - 563 103.

Dr. Vinutha Shankar M S
Convener / Member
Medical Education Unit
SDUMC, Kolar.

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2. The Registrar, SDUAHER
3. The Coordinator, IQAC, SDUAHER
4. The Principal, SDUMC
5. The Director ,P.G. studies, SDUMC
6. O/c



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar

Office of the Principal



No: DMC/KLR/ADMN/ 636 /2018-19

Date: 27-08-2018

CIRCULAR

The University Department of Medical Education, SDUAHER is conducting Orientation Course for 1st MBBS students, 2018-19 batch of Sri Devaraj Urs Medical College, Tamaka, Kolar on **Monday, 3rd September 2018** from 8.30 AM to 4.15 PM at PG Auditorium, University Block, SDUAHER. The programme copy is enclosed.

The HODs of all the Pre-Clinical departments are hereby advised to send all the 1st year MBBS students to the PG Auditorium, University Block, SDUAHER at 8.30 AM along with the faculty members.

Faculty of Pre-clinical departments are requested to attend the inauguration without fail. Lunch for Pre-clinical faculty and Resource persons will be arranged at the venue.

Registrar
Sri Devaraj Urs Academy of Higher
Education and Research
Tamaka, Kolar - 563 103.

Principal
Principal
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 101.

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3. The Director of PG studies, SDUMC
4. The Director Academics, SDUAHER
5. The Controller of Examination, SDUAHER
6. The Medical Superintendent, RLJH & RC
7. The Director UDOM, SDUAHER
8. The Co-ordinator, IQAC, SDUAHER
9. Dr. K.C Prasad. Prof of ENT and Chairman, Website update committee, SDUMC
10. HODs of all departments, SDUMC
11. The Wardens, Boys/ Girls Hostels, SDUMC & Notice Boards (Boys & Girls Hostels)
12. All members of UDOM and Resource persons
13. Dr. Shashidhar K N, Prof. & HOD of Biochemistry and Officer I/C Auditoria, SDUAHER to arrange for PG Auditorium, equipment's with operator
14. Mr. K N Srinivasa Murthy, Photographer, SDUAHER to cover this academic activity
15. O/C



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar

University Department of Medical Education



No: DMC/KLR/UDOME/ /2018-19

Date: 27-08-2018

ORIENTATION COURSE FOR FRESH ENTRANTS TO MBBS COURSE (2018-19)

VENUE: PG Auditorium, University Block, SDUAHER

DATE : 03-09-2018, Monday

Timings	Topic	Faculty
8.30 am to 9.00 am	Registration	
9.00am to 9.30 am	Inauguration	
9.30 am to 10.30 am	Breaking the ice	
10.30 am to 10.50 am	Opening remarks	Dr.Harendra Kumar M.L
10.50 am to 11.10 am	How to read medical literature	Dr.Geetha.S
11.10 am to 11.30 am	Making the most of a lecture	Dr.Mona Nongmeikapam
11.30 am to 11.40 am	Tea Break	
11.40 am to 12.00 noon	How to prepare for the exams	Dr.Vinutha Shankar M.S
12.00 noon to 12.20 pm	Time management	Dr.Swaroop Raj B.V
12.20 pm to 01.00 pm	Professionalism & Hospital related information / queries	Dr.Lakshmaiah V
01.00 pm to 02.00 pm	Lunch Break	
02.00 pm to 02.40 pm	Stress management	Mr.Gururaj Rao
02.40 pm to 3.00 pm	Ill effects of Substance abuse	Dr.Mohan Reddy
3.00 pm to 03.15 pm	Library related information / queries	Mr.Prakasha
03.15 pm to 03.30 pm	Cultural activities & Sports related information / queries	Dr.Sridevi N.S
03.30 pm to 03.45 pm	Mentorship program	Dr.Sarala N
03.45 pm to 04.00 pm	Hostel related information /queries	Dr.Ajay Kumar T.S Dr.Madhavi Reddy
04.00 pm to 04.15 pm	Valedictory	

Vinutha Shankar M.S.
Dr. VINUTHA SHANKAR M S
Director, UDOME
SDUAHER, Tamaka, Kolar

Director
University Dept of Medical Education
SDUAHER, Kolar-563101

K. Prasad
Registrar
Sri Devaraj Urs Academy of Higher
Education and Research
Tamaka, Kolar - 563 103.

M.L. Harendra Kumar
Dr. M.L. HARENDRA KUMAR
Principal
SDUMC, Tamaka, Kolar
Principal
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 101.



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Tamaka, Kolar

University Department of Medical Education



Date; 17-09-2018

PROCEEDINGS OF ORIENTATION PROGRAM FOR I- MBBS STUDENTS
(2018-19 BATCH) ON 03-09-2018

Under graduate orientation program was conducted for students admitted in 2018-19 on 03-09-2018 at PG Auditorium, University Block, SDUAHER. The programme started with an invocation.

Dr. Vinutha Shankar M. S, Director, University Department of Medical Education welcomed the Undergraduates and the faculty members, present. The programme was inaugurated with lighting the lamp following which Dr. C V Raghuvver, Vice Chancellor, SDUAHER addressed the students. Dr. Harendra Kumar M L, Principal, SDUMC stressed on discipline in the campus. Dr. Geetha S spoke about how to read medical literature, how to make notes and mind maps. How to make most of the lecture was dealt by Dr. Mona Nongmeikapam where she discussed about pre-lecture preparation and organisation, how to take down information in lectures, how to become more interactive during lectures and to use information more effectively to support the learning process.

Dr. Vinutha Shankar M S spoke about How to prepare for exams. Dr. Swaroop Raj B.V provided tips on time management where he deliberated on how to manage the time and about the study environment.

Dr. Lakshmaiah V, Medical superintendent, RLJH & RC elaborated on Professionalism & gave information related to services available in the Hospital. Mr. Gururaj Rao, in house counsellor and Dr. Mohan Reddy M, HoD of Psychiatry spoke on stress management in medical education and ill effects of Substance abuse, respectively. Dr. Sarala N, Professor of Pharmacology, oriented the students towards Mentorship Programme. Mr. Prakasha, Senior Librarian, Dr. Sridevi N S HoD of Anatomy and Dr. Madhavi Reddy, Warden, Ladies hostels discussed about services available in the Library and the usage of library, Cultural activities and sports activities of the college and the rules and regulations of the hostel and facilities available in them, respectively.

The programme feedback forms were collected from the students.

Programme Co-ordinator:

Dr. Geetha S, Assistant Professor Dept. of Physiology, SDUMC

Registrar
Sri Devaraj Urs Academy of Higher
Education and Research
Tamaka, Kolar - 563 103.

Dr. VINUTHA SHANKAR M S

Director

University Dept of Medical Education
SDUAHER, Kolar-563101



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SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar

University Department of Medical Education



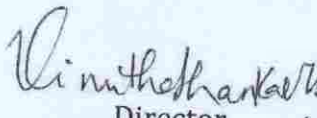
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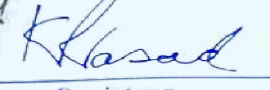
DATE: 03-10-2018

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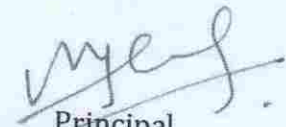
The University Department of Medical Education (UDOME) will be organizing "Orientation course for II MBBS students (2017-18 batch)" which will be held on Wednesday, 10th October 2018 between 8.30 AM to 1.30 PM in the AV- Hall Adjacent to Physiology Department, SDUMC, Tamaka, Kolar.

Heads of departments should ensure that all II MBBS (2017-18 batch) students attend the course. Schedule of the programme is enclosed.


Director
UDOME, SDUAHER


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Sri Devaraj Urs Academy of Higher
Education and Research
Tamaka, Kolar - 563 103.

University Dept. of Medical Education
SDUAHER, Kolar-563101


Principal
SDUMC, Tamaka, Kolar
Principal
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 101.

Copy to: SDUAHER, Kolar-563101

1. PA to Vice- Chancellor, SDUAHER
2. The Registrar, SDUAHER
3. The Principal, SDUMC
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5. The Director, PG studies, SDUMC
6. The Medical Superintendent, RLJH
7. The Controller of Examinations, SDUAHER
8. The Co-ordinator, IQAC, SDUAHER
9. Dr. K.C Prasad. Prof of ENT and Chairman, Website update committee, SDUMC
10. The HODs of all departments with a request to relieve the concerned teachers who are participating and also II MBBS (2017-18 batch) students to enable them to attend the same
11. UDOME members & Resource persons
12. Dr. K N Shashidhar, Prof. & HOD of Biochemistry and I/c of Auditoria for information to arrange AV- Hall with operator for this programme
13. The Warden, Boys/ Girls Hostels for display in the Notice boards
14. Mr. K.N. Srinivasa Murthy, Photographer to cover this academic activity
15. O/c

**UNIVERSITY DEPARTMENT OF MEDICAL EDUCATION
SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH
TAMAKA, KOLAR- 563101.**

**Orientation course for II MBBS students (2017-18 Batch)
on Wednesday, 10th October 2018**

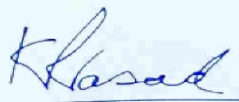
OBJECTIVES:

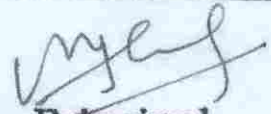
At the end of the session participants should be able to:

- Take history from the patient in a systematic way
- Examine the patient
- Practice soft skills- (Professionalism, communication skills, ethics)
- Analyze the rationality of investigations

PROGRAMME

TIME	TOPICS	RESOURCE PERSON
8.30 - 9.15 AM	Registration	
9.15 - 9.45 AM	Introduction to II MBBS course	Dr. A Bhaskaran Vice Dean, SDUAHER
9.45 - 10.25 AM	Art and science of history taking	Dr. Anitha A Asst. Prof. of Medicine
10.25 - 11.05 AM	Art and science of general physical examination	Dr. K N V Prasad Prof. & HOD of Paediatrics
11.05 - 11.20 AM	TEA BREAK	
11.20 - 12.00 PM	Communication and behavioral skills	Dr. Sudha Reddy V R Prof. of Paediatrics
12.00 - 12.40 PM	Elements of Medical Ethics	Dr. Lakshmaiah V Prof. of Medicine
12.40 - 1.20 PM	Guidelines to Laboratory investigations	Dr. Shashidhar K N Prof. & HOD of Biochemistry
1.20 - 1-30 PM	Feedback	Dr. Mohan Reddy M Prof. & HOD of Psychiatry


Registrar
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Tamaka, Kolar - 563 101.



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SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar

University Department of Medical Education



DATE: 15-10-2018

PROCEEDINGS OF ORIENTATION COURSE FOR II MBBS STUDENTS
(2017-18 BATCH) ON 10-10-2018

Orientation course for II MBBS students (2017-18 batch) was conducted on 10-10-2018. Dr. A Bhaskaran, Vice Principal, SDUMC welcomed and congratulated the students. He spoke on how different approach is needed to make the best use of the clinical postings in the hospital and also about integration at the level of learning in the classroom. He stressed the importance of discipline, attendance and internals in para-clinical subjects and clinical postings. He further emphasized that the basic subjects learnt in pre-clinical phase must be correlated with patients symptom's during clinical postings. He advised that all students must take all subjects seriously and make the best use of the clinical postings. He pointed out that the students follow dress code and wear identity cards. He stressed that all students must learn local language to deliver effective health care for the patients.

Dr. Anitha A, Asst. Professor of Medicine spoke on "Art and Science of history taking". She emphasized on the need to have a good rapport with the patient more so in local language, how communication skill is a most essential element and the importance of taking a detailed history during clinical examination in arriving at the diagnosis. Dr. KNV Prasad, Prof. & HOD of Paediatrics spoke about the technique and importance of general Physical examination & systemic examination more as an 'ART' in clinical practice and further collate with clinical history. This was followed by a tea break.

Dr. Sudha Reddy V R, Prof. of Paediatrics conveyed the importance of an important 'Skill' i.e. Communication and behavioral skills which was well accepted by the audience. Dr. Lakshmaiah V, Prof. of Medicine had an interesting presentation on Elements of Medical Ethics using various case scenarios. He also spoke about the New Hippocratic Oath for the students. This was followed by Dr. Shashidhar K N, Prof. & HOD of Biochemistry, who spoke about the supportive & supplementary role of Laboratory investigations in clinical practice for the diagnosis and management of the disease was discussed.

Feedback was taken from the students and session came to an end with vote of thanks.

Programme Co-ordinators:

1. Dr. Prasanna Kamath B T, Prof. & HOD of Community Medicine, SDUMC
2. Dr. Mohan Reddy M, Prof. & HOD of Psychiatry, SDUMC

Registrar
Sri Devaraj Urs Academy of Higher
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Tamaka, Kolar - 563 103.

Dr. VINUTHA SHANKAR M S

Director

University Dept of Medical Education
SDUAHER, Kolar-563101



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar

Office of the Principal



No: DMC/KLR/ADMN/1519/2017-18

Date: 21-09-2017

CIRCULAR

The University Department of Medical Education, SDUAHER is conducting Orientation Course for 1st MBBS students, 2017-18 batch of Sri Devaraj Urs Medical College, Tamaka, Kolar on **Wednesday, 27th September 2017** from 8.30 AM to 4.30 PM. The programme copy is enclosed.

The HODs of all the Pre-Clinical departments are hereby advised to send all the 1st year MBBS students to the A.V. Hall (Adjacent to Physiology Dept.) at 8.30 AM along with the faculty members.

HODs of all the departments are requested to attend the inauguration without fail.

Registrar
Sri Devaraj Urs Academy of Higher
Education and Research
Tamaka, Kolar - 563 103.

Principal
Principal
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 101.

Copy to:

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7. The Director UDOME, SDUAHER
8. The Co-ordinator, IQAC, SDUAHER
9. Dr. K.C Prasad. Prof of ENT and Chairman, Website update committee, SDUMC
10. HODs of all departments, SDUMC
11. The Wardens, Boys/ Girls Hostels, SDUMC
12. Dr. Shashidhar K N, Prof. & HOD of Biochemistry and Officer I/C Auditoria, SDUAHER to arrange for A.V. hall, equipments with operator
13. Mr. K N Srinivasa Murthy, Photographer, SDUAHER to cover this academic activity
14. O/C



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SRI DEVARAJ URS MEDICAL COLLEGE
 Tamaka, Kolar
University Department of Medical Education



No: DMC/KLR/UDOME/ 89 /2017-18

Date; 21-09-2017

ORIENTATION COURSE FOR FRESH ENTRANTS TO MBBS COURSE (2017-18)

VENUE: AV Hall (Adjacent to Physiology Department), SDUMC

DATE : 27-09-2017, Wednesday

Timings	Topic	Faculty
8.30 am to 9.00 am	Registration	
9.00 am to 9.30 am	Inauguration	
9.30 am to 10.30 am	Breaking the ice	
10.30 am to 10.50 am	Opening remarks	Dr. Harendra Kumar M.L
10.50 am to 11.10 am	How to read medical literature	Dr. Vinutha Shankar M.S
11.10 am to 11.30 am	Making the most of a Lecture	Dr. Sarala N
11.30 am to 11.40 am	Tea Break	
11.40 am to 12.00 noon	How to prepare for the exams	Dr. Geetha S
12.00 noon to 12.20 pm	Time management	Dr. Vinay Kulkarni
12.20 pm to 1.20 pm	Ethics & Professionalism	Dr. K N V Prasad Dr. Sudha Reddy V R
1.20 pm to 2.30 pm	Lunch Break	
2.30 pm to 3.00 pm	Stress management & substance abuse	Dr. Mohan Reddy Mr. Gururaj Rao
3.00 pm to 3.15 pm	Hospital related information / queries	Dr. Mohan Kumar K
3.15 pm to 3.30 pm	Library related information / queries	Mr. Prakasha
3.30 pm to 3.45 pm	Cultural activities & Sports related information / queries	Dr. Sridevi N S Dr. Vidyasagar C R
3.45 pm to 4.00 pm	Mentorship program	Dr. Vinutha Shankar M.S
4.00 pm to 4.15 pm	Feed Back	

Sarala N
 Dr. SARALA. N *21-9-2017*
 Director, UDOME
 SDUAHER, Tamaka, Kolar
 Director
 Registrar
 Sri Devaraj Urs Academy of Higher
 Education and Research
 Tamaka, Kolar - 563 103.
 University Dept of Medical Education
 SDUAHER, Kolar-563101

M.L. Harendra Kumar
 Dr. M.L. HARENDRA KUMAR
 Principal
 SDUMC, Tamaka, Kolar
 Principal
 Sri Devaraj Urs Medical College
 Tamaka, Kolar - 563 101.



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SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar

University Department of Medical Education



Date; 18-10-2017

PROCEEDINGS OF ORIENTATION COURSE FOR I- MBBS STUDENTS
(2017-18 BATCH) ON 27-09-2017

Under graduate orientation course for I MBBS students admitted during 2017-18 was conducted on 27-09-2017 at SDUMC, I floor, AV Hall. The programme started with an invocation by Miss. Apoorva.

Dr. Sarala. N, Director, University Department of Medical Education welcomed the Undergraduates. The programme was inaugurated by lighting the lamp following which, Dr.C.V.Raghuveer, Hon'ble Vice Chancellor, SDUAHER addressed the students. Dr. Harendra Kumar M L, Principal, SDUMC stressed on discipline in the campus. Dr. Vinutha Shankar M S, HoD Physiology, elaborated on how to effectively read medical literature, how to prepare notes and mind maps. How to make the most of a lecture was dealt by Dr. Sarala N where she discussed about pre-lecture preparation and organisation, jotting down information during lectures, being interactive during lectures and to using the information more effectively to support the learning process.

Dr. Geetha S, Assistant Professor of Physiology spoke about How to prepare for exams. She elaborated on the pre exam preparations, things to do on the day of the exam and in the exam hall. Dr. Vinay Kulkarni, Jr. Lecturer of Anatomy provided tips on time management where he deliberated on how to manage time and about the study environment. Dr. KNV Prasad, HoD Pediatrics, explained about Ethics and Professionalism. Dr. Mohan Reddy M, HoD Psychiatry, spoke on stress management in medical education. Dr. Mohan Kumar K, Medical Superintendent, RLJH&RC, Mr. Prakash, Chief Librarian, SDUAHER, Dr. Sridevi N S, Professor of Anatomy, gave information regarding the services available in the Hospital, facilities in the Central Library and about Cultural activities and sports related events in the college, respectively. Dr. Vinutha Shankar MS addressed the students & oriented the students to Mentorship Programme.

The programme feedback forms were distributed and the completed forms were collected from the students.

Programme Co-ordinators:

1. Dr. Geetha S, Assistant Professor Dept. of Physiology, SDUMC
2. Dr. Vinay Kulkarni, Jr. Lecturer Dept. of Anatomy, SDUMC

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Dr. SARALA. N

19/10/2017
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Tamaka, Kolar

University Department of Medical Education



No. DMC/ KLR/ UDOME/ 105 /2016-17

Date: 03-10-2016

CIRCULAR

Orientation course for 1st MBBS students, 2016-17 batch of Sri Devaraj Urs Medical College, Tamaka, Kolar will be conducted on **Thursday, 6th October 2016** from 8.30 AM to 4.30 PM at the A.V. Hall (Adjacent to Community Medicine Dept.). It is compulsory for all the 1st MBBS students to attend. Students should sign the attendance register between 8-30 AM to 9.00 AM and to be seated in the A.V. Hall.

Sarala. 03/10/2016

Dr. SARALA. N
Director, UDOME
SDUAHER, Tamaka, Kolar

Director

Registrar
Sri Devaraj Urs Academy of Higher
Education and Research
Tamaka, Kolar - 563 103.

[Signature]
Dr. M.L. HARENDRA KUMAR
Principal

SDUMC, Tamaka, Kolar

Principal

Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 101.

Copy to,

1. HODs of Anatomy, Physiology & Biochemistry for display on notice board.
2. Notice Board (Boys & Girls Hostels)
3. All members of UDOME are requested to attend the programme
4. Resource persons.
5. O/c



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

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Tamaka, Kolar

University Department of Medical Education



No: DMC/KLR/UDOME/105/2016-17

Date; 03-10-2016

ORIENTATION COURSE FOR FRESH ENTRANTS TO MBBS COURSE (2016-17)

VENUE: AV Hall (Adjacent to Community Medicine), SDUMC

DATE : 06-10-2016, Thursday

Timings	Topic	Faculty
8.30 to 9.00 am	Registration	
9.00 to 9.20 am	Inauguration	
9.20 to 9.50 am	Breaking the ice	
9.50 to 10.30 am	Six suggestions for success in health profession	Dr. Arvind Kasturi, Professor & HOD of Community Medicine, St. John's Medical College, Bangalore
10.30 to 11.00 am	Tea Break	
11.00 to 11.45 am	Communication skills	Dr. KNV Prasad
11.45 to 12.20pm	Cadaver as a Teacher	Dr. Vinay Kulkarni
12.20 to 1.00 pm	Making the most of a Lecture	Dr. Geetha S
1.00 to 2.00 pm	Lunch	
2.00 to 2.45 pm	Time management	Dr. Mona Nongmeikapam
2.45 to 3.30 pm	Stress management & substance abuse	Dr. Mohan Reddy M
3.30 to 4.00 pm	Feedback	
4.00 to 4.15 pm	Tea	

*Students will have lunch in their respective hostels.

K. Prasad

Registrar
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Sarala N
Dr. SARALA. N 03/10/2016.
Director, UDOME
SDUAHER, Tamaka, Kolar

Director

University Dept of Medical Education
SDUAHER, Kolar-563101

M.L. Harendra Kumar

Dr. M.L. HARENDRA KUMAR
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SDUMC, Tamaka, Kolar

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Tamaka, Kolar

University Department of Medical Education



Date: 29-10-2016

ORIENTATION DAY FOR I MBBS

The orientation day for the I MBBS students of SDUMC (2016-17 batch) was conducted on the 6th October 2016.

The program began with a guest lecture by Dr. Arvind Kasturi, Professor, Community Medicine, St. John's Medical College, Bengaluru. "Six suggestions for success in Health Professions" He gave six suggestions to succeed in the healthcare profession. He quoted relevant examples from history for his suggestions. He reminded the participants about the importance of values, ethics, and discipline in all aspects of life and the significant role of having a positive outlook as a doctor in building and fostering a good doctor patient relationship.

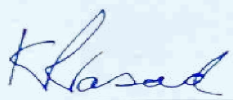
Dr. KNV Prasad emphasized the importance of communication. He elaborated on the value of improving communication skills to foster better doctor patient and inter professional relationships. One of the earliest teachers the I MBBS students get acquainted with is the Cadaver in the Anatomy dissection hall. This was illustrated with a presentation by Dr. Vinay Kulkarni. He stressed the importance of respecting the cadavers and illuminated on cadaver donation program too. The next presentation was by Dr. Geetha S. who spoke on - how to make the most of a lecture. She explained the methods of taking down notes during lectures and also elaborated on pre lecture preparations by the students and how to utilize the lecture notes and post lecture activities to help reinforce the learnings. Lunch break followed this presentation.

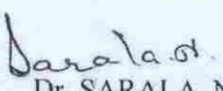
Post lunch, Dr. Mona Nongmeikapam divided the participants into groups and each group was given a specific task to be accomplished within a specified time limit. This activity gave the students an opportunity to perform as a team and also demonstrate their time management skills. Dr. Mona wound up the session with a summary of the importance of time management.

The last presentation of the day was by Dr. Mohan Reddy M. who spoke on the various factors which cause stress in a medical student and the effective ways to combat them. He emphasized the importance of learning to cope with stress and how ineffective stress management could lead to a lot of misery and the tendency to escape from stress by substance abuse among the medical students. Feed back was collected from the students.

Programme Co-ordinators:

1. Dr. Geetha S, Assistant Professor of Physiology, SDUMC
2. Dr. Vinay Kulkarni, Tutor in Anatomy, SDUMC


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 29.10.2016.
Dr. SARALA. N
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TAMAKA, KOLAR- 563 101**

University Department of Medical Education

Format no	UDOME 00
Issue No	01
Revision No	00
Date	01/11/05

DATE: 20-09-2016

**PROCEEDINGS OF ORIENTATION COURSE FOR II MBBS STUDENTS
(2015-16 BATCH) ON 07-09-2016**

Orientation course for II MBBS students (2015-16 batch) was conducted on 07-09-2016. Dr. Harendra Kumar, Principal, SDUMC welcomed and congratulated the students. He spoke on how different approach is needed to make the best use of the clinical postings in the hospital and also about integration at the level of learning in the classroom. He stressed the importance of discipline, attendance and internals in para-clinical subjects and how the basic subjects learnt in pre-clinical phase will be a foundation for future learning in the MBBS Course. He further insisted that all students must take all subjects seriously and make the best use of the clinical postings.

Dr. Srinivasa S V, Assoc. Prof. of Medicine spoke on "Art and Science of history taking". He emphasized on the need to have a good rapport with the patient more so in local language, how communication skill is a most essential element and the importance of taking a detailed history during clinical examination. Dr. KNV Prasad, Prof. & HOD of Paediatrics spoke about the technique and importance of general Physical examination & systemic examination more as an 'ART' in clinical practice. This was followed by a tea break.

Dr. Sudha Reddy V R, Prof. of Paediatrics conveyed the importance of an important 'Skill' i.e. Communication and behavioral skills. Dr. Lakshmaiah V, Prof. of Medicine had an interesting presentation on Elements of Medical Ethics using various case scenarios. The post lunch session was by Dr. Shashidhar K N, Prof. & HOD of Biochemistry, who spoke about the supportive & supplementary role of Laboratory investigations in clinical practice for the diagnosis and management of the disease.

Feedback was taken from the students and session came to an end with vote of thanks.

Programme Co-ordinators:

1. Dr. Mohan Reddy M, Prof. & HOD of Psychiatry, SDUMC
2. Dr. Prasanna Kamath B T, Prof of Comm. Medicine, SDUMC

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UNIVERSITY DEPARTMENT OF MEDICAL EDUCATION
SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH
TAMAKA, KOLAR- 563101.

Orientation course for II MBBS students (2014-15 Batch)
on 2nd September 2015


OBJECTIVES:

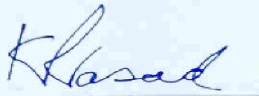
At the end of the session participants should be able to:

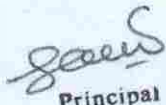
- Take history from the patient in a systematic way
- Examine the patient
- Practice soft skills- (Professionalism, communication skills, ethics)
- Analyze the rationality of investigations
- Carry out a research projects based on the guidelines


PROGRAMME

TIME	TOPICS	RESOURCE PERSON
8.30 - 9.15 AM	Registration	
9.15 - 9.45 AM	Introduction to II MBBS course	Dr. M.B. Sanikop Principal, SDUMC
9.45 - 10.30 AM	Art and science of history taking	Dr. Srinivas S V Assoc. Prof. of Medicine
10.30 - 11.15 AM	Art and science of general physical examination	Dr. K N V Prasad Prof. & HOD of Paediatrics
11.15 - 11.30 AM	TEA BREAK	
11.30 - 12.15 PM	Communication and behavioral skills	Dr. Sudha Reddy V R Prof. of Paediatrics
12.15 - 1.00 PM	Elements of Medical Ethics	Dr. Lakshmaiah V Prof. of Medicine
1.00 - 2.00 PM	LUNCH	
2.00 - 2.45 PM	Guidelines to Research activity	Dr. Geetha S Asst. Prof. of Physiology
2.45 - 3.30 PM	Guidelines to Laboratory investigations	Dr. Shashidhar K N Prof. & HOD of Biochemistry
3.30 - 3.45 PM	Feedback	Dr. Mohan Reddy M
3.45- 4.00 PM	TEA BREAK	


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	SRI DEVARAJ URS MEDICAL COLLEGE TAMAKA, KOLAR- 563 101		Format no	UDOME 00
	University Department of Medical Education		Issue No	01
			Revision No	00
			Date	01/11/05

DATE: 07-09-2015

PROCEEDINGS OF ORIENTATION COURSE FOR II MBBS STUDENTS
(2014-15 BATCH) ON 2nd SEPTEMBER 2015

Orientation course for II MBBS students (2014-15 batch) was conducted on 02-09-2015. Dr. M.B. Sanikop, Principal, SDUMC welcomed and congratulated the students. He spoke on the different subjects they will encounter during the second MBBS. He stressed upon the importance of discipline, attendance and internals in para-clinical subjects and clinical postings in the MBBS Course. He further insisted that all students must take all subjects seriously and make the best use of the clinical postings.

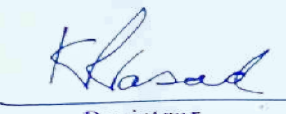
Dr. Srinivasa S V, Assoc. Prof. of Medicine spoke on "Art and Science of history taking", he emphasized on the need to have a good rapport with the patient in local language and the importance of taking a detailed history during clinical examination. Dr. KNV Prasad, Prof. & HOD of Paediatrics spoke about the technique and importance of Art and science of general Physical examination & systemic examination in clinical practice. This was followed by a tea break.

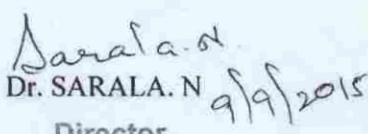
Dr. Sudha Reddy V R, Prof. of Paediatrics spoke on Communication and behavioral skills. Dr. Lakshmaiah V, Prof. of Medicine spoke on the Elements of Medical Ethics using various case scenarios. The post lunch session started with Dr. Shashidhar K N, Prof. & HOD of Biochemistry who spoke about the supportive & supplementary role of Laboratory investigations in clinical practice for the diagnosis and management of the disease. Guidelines to Research activity was highlighted by Dr. Anil N S, Assoc. Prof. of Comm. Medicine

Feedback was taken from the students and session came to an end with vote of thanks.

Programme Co-ordinators:

1. Dr. Mohan Reddy M, Prof. & HOD of Psychiatry, SDUMC
2. Dr. Prasanna Kamath B T, Prof of Comm. Medicine, SDUMC


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 Dr. SARALA. N
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MBBS-2015-16 BATCH: FOUNDATION COURSE

DAY: 1

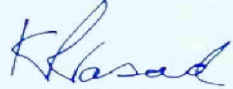
DATE: 21/08/2015, Friday

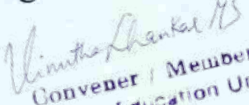
Name of the Rapporteur: Dr. Ashwini N S, Asst. professor, Dept. of Anatomy

Day 1 User orientation program started on 21.8.2015 at 8.45 a.m with first session by Dr. Sanikop, our beloved Principal on 'Introduction to mentorship program'. He emphasized on discipline and professional course. The role of mentor to facilitate mentee's development, learning and adjustment to build interpersonal relationship was elaborated. He analyzed the need of mentorship program in organization, designing goals, monitoring attendance, progress and strengthening parent teacher's interaction. The mentoring at departmental level with respect to discipline, progress in academics, co-curricular activities was very well defined. ended with the phrase "Beginning is half done, you wont win if you don't begin".

The second session was by Dr. R Ramaraj Urs, Director, Central library who spoke on library, learning resources and services extended. The Central library has good infrastructure with huge well designed state of art auditorium with 1100 members seating capacity. The digital library has seamless access to internet, printing and scanning facility, books, current periodical sections, UG sections with good seating capacity. The collection of sources of information and similar resources is made accessible for students and faculty for reference and borrowing supporting academic progress and standards. He focused on library holdings, digital library services offered and E-resources available in the library, reference services, open public access catalog (OPAC) and circulation of books.

The third session was a brainstorming session by Dr. K N Venkateshwara Prasad, Professor & HOD, Dept. of pediatrics on 'Skills for learning'. He explained student's responsibility in learning, role of medical graduate as per MCI, learning strategies, study skills, learning tactics, note taking strategies and concentration strategies. He focused on surveying techniques, skimming, organizational techniques, reinforcement techniques, concept mapping technique, memory and test taking strategies. This will help the beginners to adopt these techniques for better development planning.


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This was followed by another talk by Dr. R Ramaraj Urs on Understanding of Journals .He provided information on scholarly journals, history of journals, free database availability, digital library services offered, computer assisted learning computer assisted instructions, internet browsing and downloads, HELINET,UGC SCHEME for needy students. He referred to the situation that in case of non-availability of any reference material interlibrary lending service is also available.

The last interactive session was delivered by Dr. Lakshmaiah, Professor, Department of Medicine on National Health scenario. The presentation sought to address basic health care services, rural health, control and eradication of communicable and non-communicable diseases, improvement of environmental sanitation, disease prevention, cure and rehabilitation. In addition, activities of various health programs were also dealt and day 1 of foundation course ended by collection of student feedback forms.

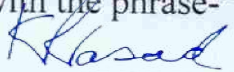
Finally “Don’t study to earn, study to learn. What you learn today is what you will become tomorrow”.

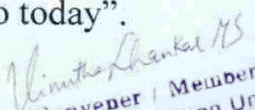
DAY: 2

DATE: 22/08/2015, Saturday

Name of the Rapporteur: Dr. Divya C, Asst. prof. of Anatomy

The programme started at 8.45 a.m, with first session on Time management and Study environment by Dr. Geetha. The students were asked what they would do if Rs.86,400 was deposited to their account everyday and they had to spend it all same day, to which the students readily answered number of ways they would spend the given amount. It was then revealed that it is the 86,400 seconds we have in a day and we have to spend every second in efficient and productive way. She explained that time management is optimum utilization of the time available. The need of time management was emphasized, which will make students more organized, meticulous, and efficient. Methods of time management by setting goals, preparing time frame, planning and prioritization were elaborated. Things to do daily were enlisted and categorized into vital, essential and desirable to do list. Two is to one thumb rule was explained which is to spend 2hrs of studying for every one hour of class. Students were told to make list of 5 time wasters and try to avoid them . The importance and the ways of time management was conveyed to the students .Talk was ended with the phrase-“Future is the result of what we do today”.


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The second session was by Dr.S.R.Prasad, who gave a brief outlook on Medical ethics. It was a very interactive session, where students were asked what Medical ethics is. Students very enthusiastically participated. Each word they answered was chalked down on the board and Sir described each of it. He explained medical ethics is doing right thing. It is the moral principles with values and judgement applied to the practice of medicine.

This was followed by third session at 10.15 a.m by Dr.Sudha Reddy on a very interesting topic –Communication skills. The role of Indian medical graduate was first defined, emphasizing the importance of communication skill. What is communication and the benefits of good communication was explained in detail. It was highlighted that communication is a core clinical skill and is required to practice high quality medicine. The types of communication which includes verbal, non-verbal and written were dealt with examples. Methods of improving communication skills, maintaing rapport with patients and methods of overcoming communication barrier were all discussed in a very effective way. Students were made to understand that communication is a core skill of questioning with active listening, and they can develop this skill only by practice.

Dr. Sridevi introduced cultural committee members, student council, and listed various programs conducted by the cultural committee. The duties and responsibilities of members of student council were explained. The students were encouraged to participate in the extra-curricular activities and to choose representative for the class, sports and cultural.

The last session was at 12 pm by DR. Muninarayan on National Health Scenario. He provided the overview of health status in India, social evils like poverty, illiteracy prevailing in India. He briefed upon the Indian health care sytem , human development index, and how to deliver health services to the rural population.

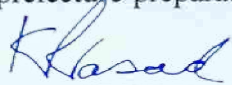
DAY: 3

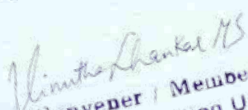
DATE: 24/08/2015, Monday

Name of the Rapoteir: Dr. Susanna T Y, Asst. prof. of Biochemistry

Making the Most of a lecture class – Dr Anil

The first speaker of the day was dr anil on making the most of lecture where the students were told about prelecture preparations, how be equipped with the information on the topics


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and subtopics that would be taught in the lecture class beforehand, making lectures given in the class useful by active listening, taking down the contents and concentrating in the lecture class, techniques of making notes from a lecture using methods like cornell or outline method, mind mapping for quick revision. He also spoke on filing and reviewing the class notes within 24hrs of attending a lecture class to retain the information gained from the lecture class.

Medical ethics – Dr SR Prasad

Spoke on definition of medical ethics, how knowing ethics in medical practice benefits humanity, he also spoke on the principles of medical ethics, he stressed on the role of a medical professional in saving life, relieve suffering ,cure of patients disease, care Towards the patients, preventing disease, promoting general health in the public. Also discussed the principles of medical ethics by giving 2 case scenarios.

Learning skills and communication – Dr KNV Prasad

Spoke on what qualities make a good doctor in reference with a research conducted at mayoclinic, discussed the requirements for becoming doctor according to MCI guidelines, skills required to record a good history of the patient's disease in the process assessing the knowledge of the patient about his disease, capacity of the patient to make decision, physical and mental state examination, how to acquire skills to diagnose and manage, spoke on points to be remembered for developing effective communication with the patients and their attendants, considering difficult and violent patients, conveying the condition the patient is suffering from, skill to interpret findings on various grounds from history ,examination, lab investigations, skills to provide immediate care during medical emergencies, skills to prescribe drugs safely, he also spoke on skills to use information effectively in medical context, maintaining, storing and retrieving the medical records.

Biohazard safety – Dr. Arvind

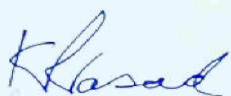
He discussed the definition and classification of biohazardous materials generated in hospital including laboratory waste, spoke identifying symbols/labels and take necessary biosafety measures in the health care system, different levels of biohazardous waste according to CDC, segregation and safe disposal of biological waste materials according to rules and regulations established by the environmental protection act, he also spoke on transportation and shipping guidelines for biohazardous materials or samples.

NSS- national service scheme and YRC – youth red cross – Dr. Ananth and respective programme officers.

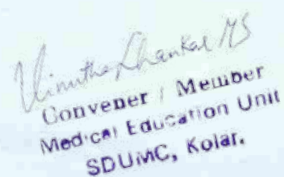
Dr. Ananth – gave brief introduction to the activity and its benefit to man kind.

Dr Raja Reddy – gave introduction to NSS Programme, on its inception, key objectives, the symbol used to denote the activity and its significance.

Dr. Swaroop – spoke on components of NSS, NSS programmes and special camps, Aims of NSS, duration of the activity- camp work, institutional work and rural projects.



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Dr. Kumaraswamy – spoke on other activities of NSS like blood donation camps, eye camps, mega camps and briefed about activities done by volunteers of NSS, National integration camps, educational activities including role play and guest lectures.

DAY: 4

DATE: 25/08/2015, Tuesday

Name of the Rapoteir: Mrs. Mamatha Kunder


First Session by Dr. Vinutha Shankar, Professor & HOD, Department of Physiology, started at 8.45 A.M. Dr. Vinutha spoke on **How to Read Medical Text Book?** She briefed on how to read and remember effectively. Methods of making notes, techniques for enhancing memory by making mind mapping were also explained. Dr. Vinutha also spoke on scientific way of reading i.e. SQ3R (Survey, Question, Read, Recall, Review) technique. Various reading methods, how to improve reading skills? and to remember new terms was also stressed upon. She concluded the session by speaking on importance of organization in reading a medical text book.

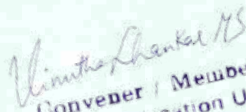
Second session was by Dr. S.R. Prasad, Professor, Department of Microbiology. Dr. Prasad spoke on **Doctor-Patient relationship**. He spoke on the things needed and importance of building a healthy doctor-patient relationship. How a doctor can make patient believe or have faith in him which is very important for effective treatment was also told. Importance of medical professionalism, Hippocratic Oath, significance of registering the degree with the council, role of law and consumer protection act to prevent malpractice was also briefed by Dr. Prasad. He also explained the four models of Doctor-patient relationship which is very important in taking decisions. Dr. Prasad concluded the talk with a case scenario on medical ethics.

Third session by Dr. Sudha Reddy, Professor of Pediatrics was on the topic **Communication Skills**. Dr. Sudha started her lecture with a two minute video on doctor's attitude towards his patient. This was followed by an interactive session with students. Students were explained the importance of having a good interaction or communication skills with patients or their family. Briefed on effective communication which involves: greeting the patient, open discussion, patient privacy and comfort, maintaining eye contact, open body posture, use of plain language, being an active listener, showing empathy and appropriately closing the interview. Dr. Sudha also spoke on importance of effective interaction with Peers, medical school staff & health care team.

This session was followed by a 15 minutes tea break.

Fourth session was on Biohazard safety. **Dr. Aravind Natarajan**, Associate professor, Department of Microbiology spoke on the topic. After a quick recap on his previous day talk, various safety precautions or protective equipments used for biohazard accident were explained to students. Standard precautions- like use of gloves, masks, gowns, aprons, goggles and face shields- to be taken by health care workers from occupational exposure to blood borne pathogens was also explained in detail. Dr. Aravind also described the seven steps involved in hand washing. He also briefed on steps to be taken on accidental exposure to blood or body fluid. Finally, significance of vaccination and various decontamination methods was told.


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Fifth session by Dr. Muninarayan.C, Director, Student welfare, Professor and HOD, Department of Community medicine, spoke on **Student Welfare –Student Support And Progression** . He started the session by telling students about location of student welfare department in the university block. He enlightened students with objectives, various committees, bodies and functionaries of student welfare and nature of function of each committee. Dr. Muninarayan detailed students on student support and mentoring program, role of mentors and university counselor in student welfare. He also briefed on various student schemes, educational loans available and institution scholarships. Sports and extracurricular activities, advanced learning facilities available in the campus like Helinet, digital library was also told to the students.

DAY: 5

DATE: 26/08/2015, Wednesday

Name of the Rapoteir: Mr.Suresh.T

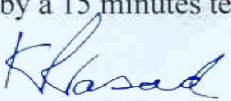
First Session by Dr.M.Mohan Reddy, Professor& HOD, Department. of Psychiatry, started at 8.45 A.M. He spoke on **Stress management in medical education**. He explained how to manage stress and techniques followed to manage stress effectively. He explained very well about Suicides by ragging from seniors and unable to cope up with education. He also explained about stress is compulsory or not. Explained about Physical & Hormonal changes during 17-19years. Explained about Stress & types of stress like negative, excessive and positive stress with examples. Explained about Symptoms of Stress – like Physical, mental, Emotional & Behavioral stress with examples. He has given tips or techniques to manage stress- Change of thinking should be positive, change of behavior and change of life style with examples. He has given valuable thoughts and experiences to overcome or manage stress.

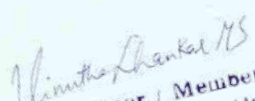
Second session was by Mr.Gururaj rao, Counsellor, started at 9.30am.

He started session about profession, role & responsibility of students. He Interacted with students regarding the importance of MBBS course, studies, Parents and their importance. He used various techniques to concentrate on lecture with Examples very effectively. He explained about Five concepts of conditioning- conditioned with selective people, conditioned by place and conditioned by time. He explained about importance of medical profession. The session was fantastic and Fabulous and very well appreciated by students.

Third session on **Health economics** by Dr.Ranganath.B.G, Vice principal of SDUMC and Prof. Dept. of community medicine, started at 10.15 am, he has given valuable thoughts and experiences on **Health economics** with variable examples. He explained about people are living in various atmospheres like In villages - Huts, In city- buildings, In slum areas. Explained about Illiterate children - because of Economy status and poverty. He spoke about Statistical analysis between Rural and Urban expenditure per month and total Population of the Country about- 1,267,401,849. Explained about life expectancy at birth M/F-65/68. He spoke about total expenditure on health as % of gross domestic product(GDP)-4.0. He Spoke about definitions of Economics and Health with examples. He spoke about resources for the need.

This session was followed by a 15 minutes tea break.


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Fourth session by Mr. Gururaj rao at 11.15 am. He continued his session with valuable thoughts and experiences with various examples. He also given examples of best students how they have studied, what are the methods of studies. He also conducted **Mental ability test** on students to check their mental ability levels. He spoke about Evaluation of students. He explained about psychosomatic disorders also. He explained about Success to Succeeded medical doctors with various Examples. He spoke about their research, their recognition and how they have succeeded in life. He has given very good counselling for students to improve their skills and confidence level.

Fifth session by Dr. Prasanna kamath, Professor, Department of Community medicine, spoke on Sociology and Demographics. He has given definitions of Sociology and demographics. He explained about Society and families. He explained about nuclear and joint families. He Spoke about limitation of family and Family Cycle. He explained about what are the needs and wants for Society. He spoke on Population census and explosion. He spoke on how cultures will be shared from one generation to next generation.

DAY: 6

DATE: 27/08/2015, Thursday

Name of the Rapoteir: Dr. Geetha S

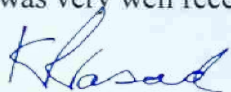
The last day of the foundation course started with a talk on health economics by Dr. B. G. Ranganath, from Community Medicine. He elaborated on the importance of economics in the medical scenario. He stressed on the role of economics in determining the diagnostic and treatment options.

The second speaker of the day was Dr. Ananta Bhattacharya from the department of Community Medicine. He spoke about environmental issues and community orientation. He created awareness among the students about the rise in environmental disasters being on the rise and about the fact that most of them are manmade. He also spoke about some of the insidious disasters like drought and deforestation which have repercussions in the long run.

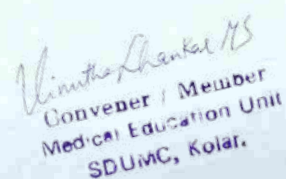
He introduced the term ecology and defined environmental studies. He deliberated on the goals to develop solutions for environmental problems. He introduced the epidemiological triad to the students. The natural resources were classified as renewable and non renewable and the various pollutants were discussed. He also spoke about the global human population growth and its consequence on greenhouse effect.

Mismanagement of resources, biomagnification, international efforts for environment conservation, importance of public awareness were dealt with.

Dr. Dinesh and team from the department of Anaesthesia introduced Basic Life Support to the students. They spoke about the history of BLS, its components. The elaborated on the chain of survival and discussed the various indications and contraindications of BLS. ACLS was also touched upon. A video demonstration of BLS and choking in a adult was played for the audience. The talk was very well received by the students.

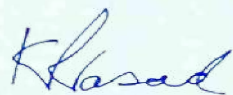


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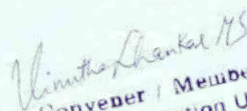


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Dr.Prasanna Kamath from the department of Community medicine spoke on Program Evaluation. He discussed the importance of a program being evaluated by the students since they are the stakeholders. It was a very interactive session and the audience appreciated the talk very well.



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